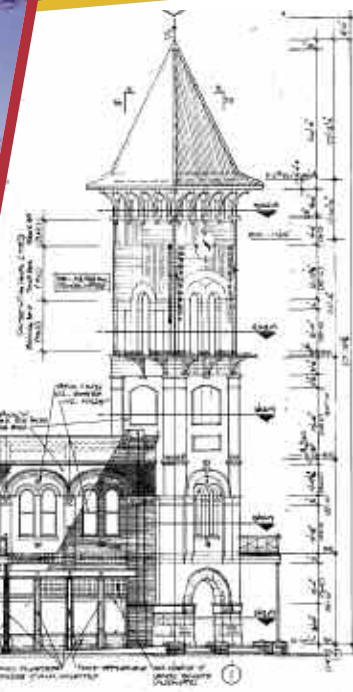
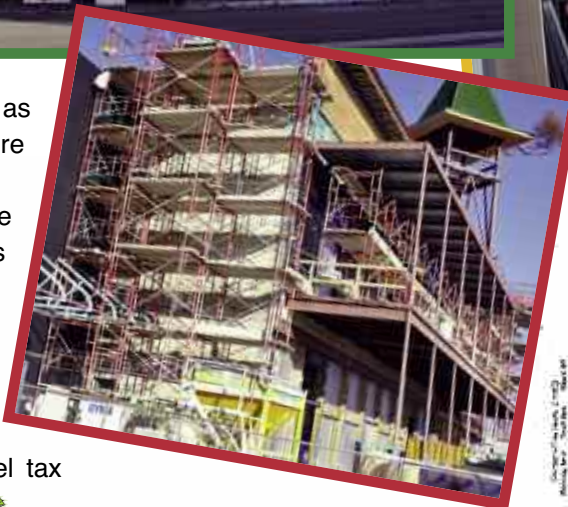


## CVB Checking Out of Wallis Hotel and Checking In at 636 South Main

The Grapevine Convention and Visitors Bureau offices have been headquartered in the Wallis Hotel at One Liberty Park Plaza since 1991. The Wallis Hotel is an actual replica of the original Wallis Hotel built in 1891 near the Depot. (Interesting fact: The architect studied photographs of the original hotel and was able to measure the photographs—down to counting bricks—to design the building to be as accurate a replica as possible. Some of the furniture in the Wallis came from the original hotel.)

As Grapevine has grown, so has the CVB. The new 40,000-square-foot headquarters, which has had many folks scratching their heads and wondering about during construction phase, will include the Visitor Information Center, a function room, museums, galleries, and retail at street level, and CVB offices on the second floor.

This new complex is funded entirely by hotel tax revenue. Completion is expected in late spring. 🍇



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**Get current news and events the easy way!** Sign up for weekly e-newsletters at [www.grapevinetexas.gov](http://www.grapevinetexas.gov) by clicking on the link in the right-hand panel. Get real-time messages by following us on Twitter and Facebook.

# Parks and Rec

For more information or to register, please visit [www.gvpard.com](http://www.gvpard.com), or call 817-410-3450. The Community Activities Center (CAC) is located at 1175 Municipal Way.

## Get Organized - New

This three-part workshop is designed to teach you organizing tips, tricks and techniques. Wednesdays from 6:30-8 pm, April 6, 13 and 20th at the CAC. \$60.

## 7 Steps to a Successful Remodel - New

Reduce the frustrations, delays and unexpected surprises of remodeling your home by attending this one-night class on Thursday, March 3rd from 6-8 pm. \$25.

## Body Back - New

Body Back is a results-based workout designed for moms of all ages to get your body back into shape. The eight-week, high intensity class costs \$349, and includes workouts, meal planning, food journals and motivation. Tuesdays, Thursdays and Fridays from 6-7 pm beginning March 1st.

## Soccer Clinic - New

Through games and activities, kids will be taught and refine basic soccer skills such as dribbling, kicking and passing. Six-week sessions begin April 21st on Thursday afternoons at the fields behind the CAC. Ages 3 and 4 are 4-5 pm, and kids 5 to 7 are from 5:15-6:45 pm beginning April 21st. \$40.



## Spring Jump Start Boot Camp

Get a jump start on getting your body ready for the summer at this one-week boot camp from April 11-15 at

either 5:30 am or 9 am classes. \$50 includes workouts, meal-planning ideas, and tips proven to give results.

## CAC Spring Break Camp

Campers, ages 7-12, can enroll in full-day, 8 am – 6 pm, or half-day of supervised activities such as basketball, dodge ball, crafts, scavenger hunts, and more. The entire week is \$140 for full-day camp, and \$75 for half-day (morning or afternoon).

## Mother/Son Sadie Hawkin's...LEGO Mania!

Moms and sons can build some fun and make memories on Saturday, April 9th at the CAC. Legos of various sizes will be available so all ages may participate in the many activities that will take place from 7 to 9 pm. Prizes will be awarded for the best creations and other fun mother/son games. Light refreshments are included in the \$8 per person registration fee.



## Cast for Catfish – Family Fishing Fun

Grapevine Parks and Recreation is proudly hosting their annual Cast for Catfish family fishing event at The Church of the Cross, 3000 William D. Tate Avenue, Saturday, April 9th, from 8 to 11 am. The ponds out front will be stocked with more than 500 pounds of adult-size catfish to give kids ages 16 and under a chance to catch the BIG ONE. Prizes will be awarded in several age groups. Bring your own fishing gear or you may use the gear provided for free. Ages 16 and older are welcome to fish, but must have a valid Texas fishing license. Refreshments will be provided by The Church at the Cross.

## Breakfast with the Easter Bunny

Eat breakfast with the Easter Bunny on Saturday, April 16th, from 7:30-9 am at the CAC. In addition to the tasty Waffle House breakfast, kids will enjoy an indoor egg hunt, crafts, and bounce house. Registration is \$7; children under two are free.

## 36th Annual Easter Egg Hunt at Historic Nash Farm - Free

Mr. and Mrs. E. Bunny will be hiding thousands of eggs,

## Leagues and Camps

Program	Registration	Late Registration (add 10%)	League Dates	Fees
<b>YOUTH PROGRAMS</b>				
Spring/Summer Youth Basketball – the G-Buck League with Higher Goals Now	Mar 1-22	Mar 23-31	Apr 30-July 9	\$85/Grapevine Resident Individual; \$95/Non-Res Indiv; \$475/Grapevine Res Team; \$495/Non-ResTeam
<b>ADULT PROGRAMS</b>				
Spring Fling Football 4-on-4	Feb 20-27	Feb 28-Mar 7	Mar 15-May 3	\$235/team
Spring Flag Football 8-on-8	Feb 27-Mar 7	Mar 7-14	Mar 20-May 29	\$315/team
Spring Adult Basketball	Mar 20-27	Mar 28-Apr 4	Apr 11-June 23	\$340/team
Spring COED 6 Indoor Volleyball	Mar 27-Apr 3	Apr 4-11	Apr 19-June 14	\$145/team
Spring COED 6 Sand Volleyball	Mar 27-Apr 3	Apr 4-11	Apr 18-July 7	\$155/team



candy, and prizes for a hopping good time on April 16th from 9:30 am-12:30 pm. Special prize eggs will be hidden in each age division. Enjoy other activities such as bounce houses, face painting, petting zoo, hay rides, and more. Ages 0 to 3 at 10:30 am; 4-5 year olds at 11 am; 6-8 at 10 am; 9-11 years at 11:30, and an all-ages (11 and under) hunt for children that did not participate in their age group (no "repeat" hunters, please). Rain date is April 23rd. Sponsored by the Grapevine Heritage Lions Club. The Lions will be collecting used eye glasses to recycle to those in need.



### Botanical Garden Classes

The classes listed below will be held at the Grapevine Botanical Gardens Pewitt Pavilion. Each class is \$5 per preschooler (ages 3-6) and includes a craft and a story time. To register, please call 817-410-3450, go by the CAC, or register online at [www.playgrapevine.com](http://www.playgrapevine.com).

### Seeds of Wisdom

Did you know that seeds contain a tiny plant within them? In this class, you will be able to see them up close as the roots and leaves begin to develop. Tuesday, March 15th, 4-4:45 pm.

### Bluebell Baskets

Make art from recycled items and decorate a spring basket, then plant grass seeds in the basket. Tuesday, March 15th, 4-4:45 pm.

### National Public Gardens Day 2011

A day of awareness of America's public gardens and their important role in promoting environmental stewardship and awareness, plant and water conservation, and education in communities nationwide on Friday, May 6th, from 10 am until 6 pm. Highlights include gardening workshops, youth activities, and art in the garden.

### Grapevine Garden Club Plant Sale

The 14th annual community plant sale for the Grapevine Garden Club is April 30th at 8 am in the Gazebo. Many of the plants offered for sale are native and come from members' gardens. Proceeds benefit the Club's scholarship program and community beautification projects. 🍇

**Summer Camps and Learn to Swim registration is open. Sign up now for your preferred session and time slot at [www.playgrapevine.com](http://www.playgrapevine.com)**

## Senior Activities Center (SAC)

All activities are available to adults 55 years and better. For more information, please call 817-410-8130. The Senior Activities Center (SAC) is located at 421 Church Street.

### AARP Tax-Aide, February 2–April 13

If you need assistance with your taxes, qualified volunteers are available to help those in the low-to-middle income range with special emphasis given to those aged 60 and over. Please call for an appointment.

### Computer Class Registration, Monday, March 14th

Walk-in registration is 9 am-12 pm; registration by telephone is 1-2 pm. Registration in person is recommended for first-choice selection. A list of free classes may be found on [www.gvpard.com](http://www.gvpard.com).

### Senior Golf Tournament, Thursday, April 21st, 7:30 am, Grapevine Golf Course

\$56 for 60 years and older; \$70 for 55-59 years. Green fees, cart, prizes and lunch are included. Deadline is April 11th.

### MindFit

MindFit is a program that will assess, train and enhance your cognitive skills through a series of 72 game-like sessions. Call to schedule a demo to determine if this is something of interest to you.



### AARP Defensive Driving! March 18th from 1-5 pm.

Successful completion of the 4-hour course helps to reduce the cost of automobile liability insurance premium. \$12 for AARP members; \$14 for non-members. Pre-registration required.



### Pacific Northwest & California, October 2-9

Seattle, Mount St. Helens Visitor Center, Portland, Columbia River Gorge, Newport, Brandon State Natural Area, Redwood National Park, Eureka, Avenue of the Giants and San Francisco. A \$250 deposit is due June 2nd. Per person rates include round trip airfare, hotel transfers, and air taxes and surcharges are: Double \$2,299; single \$2,899; and triple \$2,269. For more information, please call Eileen Hinson. 🍇

# Convention and Visitors Bureau

For more information, please call 817-410-3185 or visit [www.grapevinetexasusa.com](http://www.grapevinetexasusa.com).

**NORTH TEXAS ARTISTS ASSOCIATION EXHIBIT** - Lancaster Theatre, March 1-31, 8 am – 4 pm. Free. Over 20 artists displaying their personal plain air art. Watercolor and oils.

**FIRST FRIDAY FILM SERIES AT THE PALACE** – Palace Theatre, *Cat Ballou*, March 4th; *The Wizard of Oz*, April 1st. Shows at 7:30 pm; \$5 per person.

**GRAPEVINE OPRY** – Palace Theatre, 7:30 pm. Shows subject to change; please visit [www.gvopry.com](http://www.gvopry.com) for show information. Lone Star State of Mind, March 5th; Country Music Showcase, March 12th, April 2nd, April 16th; New Music Saturday – A Songwriters Spotlight, March 19th; Legends – Buckaroo, March 26th; Women of Country Music, April 9th; Stories from Life, April 23rd, and Fabulous Fifties Jukebox, April 30th.

**NORTH TEXAS WOODCARVERS GUILD** – Grapevine Convention Center, March 5th and 6th. Saturday 10 am – 6 pm; Sunday 12 pm – 5 pm. Judging, classes, contests and raffles.

**7TH ANNUAL CHOCOLATEFEST** – La Buena Vida Vineyards, March 11th, 7-10 pm; Palace Arts Center, March 12th, 10:30 am-3:30 pm. Sample something rich and delectable from 20 of the finest chocolatiers in the D/FW region. Proceeds go toward Travelers Aid Dallas/Fort Worth, a United Way agency whose mission is to provide information and social services to the DFW Airport community and surrounding communities.

**METROPLEX GLASS SHOW** – Grapevine Convention Center, March 12th and 13th. Saturday 10 am – 5 pm; Sunday 11 am – 4 pm.

**SPRING FLING TRAIN** – Cotton Belt Depot, March 14-18, 1 pm. Grab the gang and take 'em for a ride. Spring Fling Trains are fun for the whole family.

**JOHNNY ROGERS IN CONCERT** – Palace Theatre, March 18th, 7:30 pm. Johnny will transport his audience back to the time when you could go to your favorite malt shop and dance to your favorite bands. Tickets: \$17/\$22 (adults) and \$10 (5 and under).

**URBAN HOMESTEADING FOR ADULTS** – Nash Farm, March 19th, 10 am – 2 pm. Demonstrations and hourly information sessions.

**STORIES UNDER THE STARS** – Nash Farm, March 19th, 7 pm – 9 pm. Bring a blanket and enjoy an evening of stories.

**STAR WARS** – *Return of the Jedi* movie – Palace Theatre, March 25th, 7:30 pm; \$5 per person.

**DAY OUT WITH THOMAS™** – Cotton Belt Depot, March 25-27 and April 1-3; various departure times. Springtime brings an event that is anticipated by kids of all ages: The storybook engine, Thomas the Tank Engine™, chugs into the Cotton Belt Depot. With Thomas and Friends, children enter a world of imagination



*Photos, clockwise from top left: Grapevine Market; New Vintage Jazz Wine Train; Thomas the Train; New Vintage Wine Trail; Easter Bunny Fun Run*





...CVB, cont. from page 4

through the tracks of a train and the words of a story. As children embark on an enchanting excursion with their engine friends, adventures quickly unfold. Brought to you by the Grapevine Vintage Railroad, the Museum of American Railroads and HIT Entertainment™.

**TOM SAWYER** – Nash Farm, March 26th, 10 am – 2 pm. Come help us whitewash the farm fence. It's fun!

**JUST BETWEEN FRIENDS** – Grapevine Convention Center, March 26-28, Saturday 8:30 am – 7:30 pm; Sunday noon until 6 pm. Children's consignment show and sale.

**TEXAS COIN SHOW** – Grapevine Convention Center, April 1–3; Friday, 2 pm – 6 pm; Saturday 9 am – 6 pm; Sunday 9 am – 3pm. Coins, currency, jewelry, gold and silver to buy, trade and/or sell.

**10TH ANNUAL SPRING INTO NASH FARM** – Nash Farm, April 2nd, 10 am – 2 pm. Enjoy old-fashioned family fun at the farm with a petting zoo, pony rides, sack races, Grapevine Future Farmers of America show animals, rope making, goat milking, tour the Nash Farmhouse and more.

**GRAPEVINE FARMERS MARKET** – Grapevine Gazebo, Thursdays through Saturdays from April 7th to October 15th, 8 am - 4 pm. Locally grown produce from local, regional and Texas farmers, and other products such as honey, nuts, meat, grains, sauces, canned goods.

**GRAPEVINE MARKET** – Liberty Park, Thursdays and Saturdays, April 7th to October 15th, 9 am - 2 pm. Join us for the ever-popular, open-air Grapevine Market.

**NEW VINTAGE JAZZ WINE TRAINS** – Cotton Belt Depot. There's nothing like pleasant jazz music, fine wine and a trip back in time. The popular Jazz Wine Train will run April 8th and 9th aboard the Grapevine Vintage Railroad. The captivating excursion features new release wines from Grapevine.

**19TH ANNUAL BLESSING OF THE**

**VINES AND NEW VINTAGE WINE & GALLERY TRAIL** – Delaney Vineyards, 200 Champagne Boulevard, and Historic Downtown Grapevine. On April 9th, start the day at Delaney Vineyards to take part in the Blessing of the Vines, a centuries-old European ceremony to ensure robust vines and savory grapes. The ceremony begins at 11 am with a colorful procession through the largest vineyard in North Texas. A complimen-



tary wine tasting with live entertainment follows. Free admission. Then experience the New Vintage Wine Trail from 11 am – 5 pm for a memorable journey to experience the many unique winery tasting rooms in Grapevine. Tickets on sale soon on the website.

**D/FW FIBER FEST** – Grapevine Convention Center, April 8–10; Friday 9 am – 7 pm, Saturday and Sunday 9 am – 5 pm. Fiber Fest offers classes from nationally-known and local teachers in crocheting, dyeing, hand knitting, spinning, weaving, and other fiber arts.

**EASTER BUNNY FUN RUN** – Cotton Belt Depot, April 23–24, 1 pm. Hop aboard the Easter Bunny Fun Run excursion to the Fort Worth Stockyards. The Easter Bunny will pass out treats to all children on the train.

**HERITAGE FUN AND KITE FLYING** – Nash Farm, April 30th, 10 am – 12 pm. Let's go fly at kite!

**METROPLEX DOLL SHOW** – Grapevine Convention Center, April 30th, 10 am – 4 pm. Dolls of all kinds available to buy, trade and/or sell.



## City Boards and Commissions

Applications must be submitted by April 15, 2011 to the City Secretary, 200 South Main Street, First Floor, 817-410-3182 or fax 817-410-3004. A separate application form should be completed for each board for which you wish to be considered. Listed below is each advisory board and the number of vacancies:

- BOARD OF ZONING ADJUSTMENTS: Three vacancies
- BUILDING BOARD OF APPEALS: Five vacancies
- CONVENTION & VISITORS BUREAU ADVISORY BOARD: Five vacancies
- GOLF COURSE ADVISORY BOARD: Four vacancies
- GRAPEVINE HERITAGE FOUNDATION: Five vacancies
- HISTORIC PRESERVATION COMMISSION: Five vacancies
- HOUSING AUTHORITY BOARD OF COMMISSIONERS: Three vacancies
- LIBRARY BOARD: Four vacancies
- PARKS & RECREATION BOARD: Seven vacancies
- PLANNING & ZONING COMMISSION: Four vacancies
- SENIOR CITIZENS ADVISORY BOARD: Three vacancies

Applications and duties of each board and commission are available on the City's website ([www.grapevinetexas.gov](http://www.grapevinetexas.gov)) as well as the City Secretary's Office, 200 South Main Street and the Grapevine Library, 1201 Municipal Way.

# Grapevine Library

## R.E.A.D. to a Furry Friend

The Reading Education Assistance Dogs (R.E.A.D.) program improves children's reading and communication skills by employing a powerful method: Reading to a dog. But not just any dog! R.E.A.D. dogs are registered therapy animals who volunteer with their owner/handlers as a team, going to schools, libraries and many other settings as reading companions for children. R.E.A.D. is coming to Grapevine Public Library on the last Sunday of every month from 2:30 to 4:30 pm. Call the Children's Desk at 817-410-3405 or email [children@grapevinetexas.gov](mailto:children@grapevinetexas.gov) for more information about participating.



## Cool School with Ms. Maria

Children learn as they sing and dance along with Ms. Maria at Family

Storytime on Thursday, March 24th at 7 pm. Ms. Maria will be performing songs from her new CD: "Cen\$ational Money!" This fun, interactive, and educational program is a great way for your child to learn about money and simple economics through song.

## Intermediate Genealogy Workshop

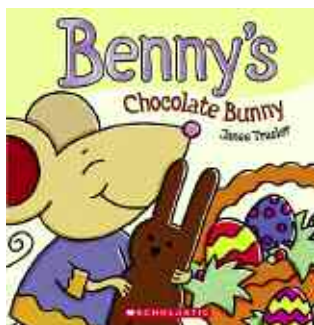
Nancy Maxwell, Genealogy Librarian, will present a free intermediate-level genealogy workshop "United States Censuses: How Much Do You Really Know?" on Saturday, March 26th from 10:30 am to 12:30 pm. Attendees should have genealogical knowledge beyond the beginner level. Attendance is limited to 50 persons, and pre-registration is required. Stop by, call 817-410-3429, or email [genealogy@grapevinetexas.gov](mailto:genealogy@grapevinetexas.gov) to sign up.

## Wild Wonders

Join us Thursday, April 21st at 7 pm for The Fort Worth Zoo's Wild Wonders educational outreach program. This one-hour show will feature several animals with a variety of birds, reptiles, and mammals.

## National Library Week, April 10-16

The celebration begins at 1 pm Monday, April 11th, with a Book Club Favorite Book Swap where we will each discuss a favorite book from the Library to share with others in the group. Join us at



7 pm Thursday, April 14th for a special Make and Take Craft night with a guest appearance by Grapevine author/illustrator Janee Trasler to celebrate the release of her new book *Benny's Chocolate Bunny*.

## Library Snapshot Day

Bring your best smile on Saturday, April 23rd as we take pictures of a day in the life of the Grapevine Public Library for the Texas Library Association's Snapshot Day.

## Celebrate Shakespeare's Birthday

Saturday, April 23rd, Grapevine Public Library celebrates William Shakespeare's birthday. Actor and performer Robert Clover-Brown will appear as Shakespeare Man, bringing Shakespeare to life for contemporary audiences. Performances are 11 am for children, and 2 pm for teens and adults. The British Emporium will provide tea samples at the afternoon show.

## New Online Resources: World Book and Biography in Context

In addition to an online encyclopedia, World Book has e-books, tutorials, timeline, primary sources, games, read-along books for children and much more. Other features include text-to-voice and foreign language translation of articles. Biography in Context offers nearly a million biographical entries spanning history and geography. This database also contains integrated reference material, periodical information, and multimedia content. Both of these new resources are available through our website [www.grapevine.lib.tx.us](http://www.grapevine.lib.tx.us) under Online Resources, either in-house or remotely using your library card.



## New Business Databases: Hoover's and BusinessWise

Hoover's allows you to search for specific corporate information by company, people, or industry. Generate financial reports, find out who are the top executives, and even sort your list based on annual revenues. Select your target market, creating marketing messages, and follow up with interested prospects. 🍇

# GREENER Cleaner Grapevine

## Grapevine Household Hazardous Waste Event March 26th

The City of Grapevine will be hosting its annual Household Hazardous Waste Event Saturday, March 26th, from 8 until 11:30 am. This event is for Grapevine residents only. The event will be hosted at the City's Municipal Service Center, 501 Shady Brook Drive.

**ACCEPTABLE ITEMS** will be any household hazardous waste (paint, oil, herbicides, pesticides, cleaners, pharmaceuticals, fluorescent bulbs, batteries, printer cartridges, etc.). Document shredding and electronics drop-off will also be available. The City will collect sneakers, gardening tools, and books to donate to local charities.

**ITEMS NOT ACCEPTED** include: Unknown waste, ammunition/explosives, closed cylinders (i.e., extinguishers, propane tanks), medical waste, radioactive material, tires, commercial or business waste.

Please contact the City's Public Works Department at 817-410-3330 with any questions regarding this event.

Grapevine residents who cannot attend this event can take their household hazardous waste to the Environmental Collection Center located at 6400 Bridge Street in Fort Worth. Hours are Thursdays and Fridays from 11 am to 7 pm, and Saturdays from 9 am to 3 pm. Telephone number is 817-871-5257. This service is free of charge to Grapevine residents. 🍇



## Keep Grapevine Beautiful (KGVB)

### Board Members Being Recruited for Local Dynamic Non Profit

Winner of several prestigious awards over the past few years, Keep Grapevine Beautiful is looking for the next generation of leaders to boldly move the organization to the next level. Formed in 1999, KGVB organizes events and ongoing activities that make Grapevine a more beautiful place to live.

The organization is a great venue in which to share your ideas, meet new people and make lifelong friends. The focus of KGVB is to increase recycling, beautification and water quality while decreasing litter. They also implement educational programs and provide grant funding for both youth and adult projects. We encourage those interested in board positions to be our guest at a monthly committee meeting and learn what this dynamic organization is all about. KGVB meets the first Monday of each month at 7 pm at City Hall. Board

of Director applications are due mid April. A complete listing of Board of Director positions can be found at [kgvb.org](http://kgvb.org). Simply click on About Us and look for the Standing Rules document for complete position descriptions. The mission is simple: Engage the general public as volunteers in enhancing Grapevine's green space. Then Grapevine citizens and visitors alike enjoy a Greener, Cleaner Grapevine!

### Don't Mess with Texas Community Clean Up Event

Here's your chance to be Texas Proud! On April 9th, Keep Grapevine Beautiful, in partnership with the Nash Farm, is hosting the largest Texas-themed clean-up and beautification event in the State of Texas. Last year, more than 840 Trash-Off events were held across the state, featuring more

than 74,100 volunteers. All told, 6,219 miles of highway were cleared of litter and debris, totaling a little more than eight million pounds of trash. Bring your family, friends, coworkers, HOA, scout and church group and help break last year's records. The event check-in begins at 8 am at Nash Farm. All supplies, maps and directions are provided. At 11 am, we'll kick-off our volunteer appreciation festivities with a free lunch, live music, face painters, bounce houses and giveaways. New this year will be a recycling bin decorating contest. Individuals and schools can enter to win cash prizes. Pre-registration is not required, but appreciated for groups of 25 or more. Volunteer time meets community service requirements, and scout patches will be available. Please call 817-410-3490 with questions, or visit [kgvb.org](http://kgvb.org). 🍇



## GRAPEVINE RESIDENTIAL CUSTOMER

*The City of Grapevine • PO Box 95104 • Grapevine, Texas 76099 • 817-410-3104 • [www.grapevinetexas.gov](http://www.grapevinetexas.gov)*

### Move Over Mustang Sally... Here Comes Cell Phone Sally!

Cell Phone Sally is the newest character developed by the Public Educators of Texas and the Texas Commission on State Emergency Communications as part of an educational campaign to help folks understand that 9-1-1 calls from cell phones are very different than landline telephone calls. Cell phone calls now comprise 80 percent of 9-1-1 call volume in Tarrant County, so this message is growing more and more important.

Cell Phone Sally's message: 9-1-1 does NOT know exact locations on cell phone calls. The approximate location the 9-1-1 center receives could be as large as three football fields or more. So know your location and/or address, and be prepared to tell it to the 9-1-1 operator if you need police, fire, or ambulance. If you do not know your precise location, think back to the main street or highway you were near when your emergency occurred, ask someone, or look for landmarks. Do not depend on your cell phone to tell 9-1-1 your location.

Grapevine Police Department Community Services, Dispatch, and Volunteers In Police Service (VIPS) introduced Cell Phone Sally at the Fire Department Open House last October. As pictured with Senior Police Officer Johnny Jones, many got to practice dialing, "9-1-1 SEND" on Cell Phone Sally's keypad as she (VIPS MaryLou Barabash) encouraged and then "high fived" them for a job well done. 🍇



### Free Self-Defense Training for Women

The Grapevine Police Department offers free Rape Aggression Defense (RAD) Basic Personal Defense System training for women. This is a national program of realistic self-defense tactics and techniques taught for women

only. RAD has trained more than 300,000 women throughout the U.S. and Canada since 1989.

Students at all levels of ability, age, experience, and strength will be provided with techniques and information that can be effectively used from the first day of class. RAD is not a martial arts program, nor does it require students to be athletes in training to succeed. The RAD system provides women the knowledge to make an educated decision about personal defense. We provide information on physical and non-physical options, as well as insight into the attacker mindset. Every student receives a manual for reference and practice. Upon completion of the program, the signed manual becomes a ticket for free lifetime return and practice with any RAD instructor in the US and Canada

For more information about RAD Systems - Realistic Self Defense for Women, please contact Officer Jason Keller at 817-421-2192, or register at [jkeller@grapevinetexas.gov](mailto:jkeller@grapevinetexas.gov). 🍇



## 2011 City Officer Election

The election for City Council Places 5 and 6 is Saturday, May 14th. The deadline to file is Monday, March 14th. Informational candidate packets are available in the City Secretary's Office, 200 South Main Street.